



Fried Rice with Chicken (1419)

10/20/2022

<b>Nutrition Facts</b>	
17 servings per container	
<b>Serving size</b>	<b>1 cup (227g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>330</b>
% Daily Value*	
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 1210mg	<b>53%</b>
<b>Total Carbohydrate</b> 49g	<b>18%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 18g	
Vitamin D 0mcg	2%
Calcium 67mg	6%
Iron 3mg	20%
Potassium 241mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** RICE (Long Grain Parboiled Rice Enriched with Iron [ferric orthophosphate], Niacin, Thiamin Mononitrate, and Folic Acid), WATER, CHICKEN DICED (White Meat Chicken, Water, Modified Food Starch, Salt, Sodium Phosphates, Soy Protein Isolate), CELERY, LIQUID EGGS (Whole Eggs, Citric Acid [to preserve color], 0.15% Water added as carrier), SOY SAUCE (Water, Soybeans, Wheat, Salt, Sodium Benzoate: Less than 1/10 of 1% as a Preservative), ONIONS, SESAME SEED OIL, CHOPPED GARLIC (Garlic, Water, Citric Acid), CANOLA OIL, CHIVES, BLACK PEPPER, GINGER

**ALLERGEN:** Contains Soy, Wheat, Eggs, Sesame. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C671419